## 2014 Annual Report of the Civic Association Villa Vallila



Civic Association Villa Vallila was founded in 1996. It runs a community house Villa Vallila in Červený Újezd near Votice since 2001



*"If we want to help to people with mental disabilities to grow and become more or less independent, it is necessary not only to ,do something' but also to , live with them'. Only through an everyday life in a community and through love which should be manifested there, a man with a disability slowly starts finding his value, knowing that he is loved and therefore love worthy."* 

Jean Vanier, founder of L'Arche

### Foreword

Every year I think about what to write about the life in Villa Vallila... So – this year it is already 14 years since the house Villa Vallila in Červený Újezd came back into life and since then it is a lively place. The Villa lives with people, events, plans and their realization, meetings, neverending fundraising and effort of all, who participate on its life.

I would like to mention following important points at the beginning:

- The association still provides social services protected housing and respite service. We started preparation of a new service – social-therapeutic workshop – in autumn.
- The inhabitants together with the assistants and association members create a viable community, which still evolves. Regular community weekends which strengthen the community in developing a taste for commune good and meaningful life are organized.
- Reconstruction of the facade of the house was finished thanks to a construction company Status and to an effort and patience of all, who prepared the project and who live in the house. New facade was finished in July, after two years of work. It was celebrated during a garden party in the end of August.
- We met the coordinator Barbara Pestka of L'Arche (founded by Jean Vanier) twice during last year. She guides us in our effort to join the international movement and provides us important stimuli. The communities of L'Arche celebrated 50th anniversary of foundation of the first

**community in Trosly in France.** As a specific celebration in a country, in which a community of L'Arche has not been founded yet, we organized a weekend meeting of L'Arche sympathizers and members of foreign communities in the Villa. We still hope that L'Arche International will invites us as a member one day.

- A nice garden surrounding the house provides lot of opportunities for work, rest and leisure activities; it is a real therapeutic place. So we mow, make hay, rake, feed, plant, weed, water, harvest, cut, dig, build, play, enjoy the sauna, sit, walk, talk there...
- A team of assistants is capable and cooperative under the supervision of the competent house leader. Maruška, a new assistant, joined the team this year nad Ben rejoined the team for a part-time job.
- Volunteers and association board members help with administrative work, take care of web pages and lead the association. Volunteers regularly contribute to the community life, groups of volunteers come to the villa for voluntary work.

We are grateful for the past year in Villa Vallila.

Eva Klípová, chairwoman of the association

## **Association Mission**

- enable to people with a health handicap live a full life in common conditions of a human community and to run a community house in Červený Újezd near Votice for this purpose
- provide support to inhabitants of Villa Vallila for their integration into the common life in working and social areas

## Basic activities of the association – provider of social services

Target group: young people with a health and social handicap

• **Provision of social services** – protected housing and respite services

**Protected housing** (registration number: 9467457) – a service provided in the community house Villa Vallila in a form of commune living in the community house or as an independent living in two protected apartments.

The service of the protected housing **was supported by a subvention from the national budget this year**; allocated subvention covered approximately  $\frac{1}{2}$  of the total expenses.

**Respite services** (registration number: 9428197) – a service provided to families who care for their relatives with a health handicap. The recipients take advantage of short stays in the community house Villa Vallila.

Respite services were not financially supported by the national budget for several years in a row; it is supported by sponsorship only.

Creation of the community is realized within the provision of the protected housing service and it strengthen the community of people with handicaps and their assistants on the principles of Jean Vanier's L'Arche – this project is supported by an effort of the inhabitants and employees of Villa Vallila; we started to organize community weekend this year. Strengthening of the community and spiritual life growth is in the focus of the weekends – thanks to a volunteer Markéta, who spent one year in l'Arche in Brussels.

- Preparation of integration of Villa Vallila into the international movement L'Arche; we meet regularly the international coordinator who accompanies us during the process; we visit running communities abroad. Members of the association, board members, volunteers and all who live in the villa participate in this project.
- Organizing of promotional, culture and recreation activities: beneficial and advent concerts, garden parties, leaisure stays – these events are possible thanks to the effort of the association members and their friends.
- Presentation of the association during various presentation or fair events is a regular activity of those who live and work in the Villa. Today's presentation is also possible due to a social-therapeutic workshop, which was established recently.
- Search for volunteers, who help with various activities during various events

   they are registered and organized by the house leader.
- Collaboration with other subjects providing similar or follow-up social services

   organized by the association chairwoman and by the house leader.



## Year 2014 in Villa Vallila

### JANUARY

The winter is grey and without the snow.

We welcome together a new year 2014.

We actively participate in Three-King Fund-Raising Campaign – our three kings leave the Villa.



## FEBRUARY

A vounteer dancer organizes dancing lessons for the inhabitants of the Villa.

A typical carnival pig-slaughtering is performed in the Villa by an experienced butcher.

## MARCH

We help to organize a carnival and a masquerade ball. All took fancy dress and enjoyed the ball.



We spend a winter week in Šumava Mountains; however, no snow is there this year.



Students from the English College come for a voluntary work.

We welcome a visit from Belarus – social service workers. We show them the Villa and introduce them provision of social services in our country.

Pupils from a school Orbis Pictus Tábor come for an excursion, they also help in the garden.

Students from Jabok organize a course "Management of personal finances" for inhabitants. It is a part of a seminary dedicated to education of people with a mental handicap.

We go for a trip to Chýnov – to trace the sculptor F. Bílek.

Members of l'Arche community in Poland come to the Villa for a week stay – we strengthen our bonds with the l'Arche communities abroad.

## APRIL

We sell products from our workshop on spring markets in Odlochovice, Mladá Vožice, in Rolnička. We celebrate Easter together. Terezka is baptized on Easter Sunday.

We organize a "Weekend for l'Arche".



We celebrate 50<sup>th</sup> anniversary of foundation of the first l'Arche community by Jean Vanier together with many people who have gained experience in l'Arche communities around the world. Several groups from abroad (France, Poland, United Kingdom) participate too.

Warm welcome to friends from Bretagne



A group of students form "English College" comes again. Their visit is a part of school social projects; students learn through these projects, they familiarize themselves with operation of Villa Vallila, help with common works around the house.

We present the association during the Day of Social Services in Votice.

#### MAY

We plant, weed, water our garden.

We go to festivities in the castle Šelmberk.

We take part on fishing out of the pond in Milhostice and taste the fish.

The facade is repaired on the south side of the house. The scaffold creates nice ornaments there.



#### JUNE

We participate on organization of St. Vitus Festival together with brewery Vítek from Prčice.

We present the association and sell our products from the workshop during the Social Service Market in Prague.

We buy a used car for 9 persons, so that we can go for trips together.

We celebrate l'Arche foundation also in Poland (Góra sw. Anny).



## JULY

A new assistant Marie is employed.

Fifteen people from the association Rámus come to visit us.



We present Villa Vallila during the Festival of Crafts in Malá Hraštice.

We take part in St. Ann Wake in Modletín organized by the association Benediktus.

Villa's inhabitants leave for a week "holiday" and the Villa is lent to organization APLA South Bohemia for a camp with children with autism.

## AUGUST

Nine people from l'Arche community in Sledziejowice (Poland) come to visit us.

Another visit from Poland – this time from a community "Wiara i swiatlo" ("Faith and Light").



Our guests spend the time by talking, experience sharing and by lot of other interesting activities including bowling in Votice.

Another "volunteers' day" is organized – this time with employees from the company T-Mobile.

Villa Vallila has a new facade – we enjoy the well-done piece of work.





A traditional Garden Party is organized; this time together with celebration of finishing the facade reconstruction on the house. Also Indians came to play the drums.



#### SEPTEMBER

3<sup>rd</sup> Matěj Blah Chess Memorial is organized.

Students (24 of them) from "English College" come again to help. Volunteer team from ČSOB works in the Villa too.

### OCTOBER

International envoy of l'Arche Baška Pestka comes to visit the community in the Villa and to meet the association representatives.



We harvest apples and make cider.





Regular community weekends organized by Markéta begin. They will be held monthly – always the last weekend.

### NOVEMBER

We organize a voluntary campaign for the village – together we clean the village square.

We make advent wreaths in the Villa and organize another community weekend.

Autumn and advent concerts for Villa Vallila begin:



The first concert is in Prague in Helichova Street – father and son - Martin and Jakub Škampa perform a nice chamber concert together.

#### DECEMBER

Traditional, 6<sup>th</sup> beneficial concert in the church of Simon and Juda in Prague is held by Filharmonie Hradec Králové.

An advent concert is also organized in the Villa again – a choir Domino Tábor sings Christmas carols and songs.

We sell our products from our new social-therapeutic workshop and present the association during a festival "Christmas Star" in Jabok school.

We hold a nice Christmas dinner together with a traditional distribution of Christmas presents for Villa's inhabitants and assistants. Then the inhabitants leave to celebrate Christmas with their relatives, friends or to allied organizations.

Some inhabitants return in the very end of the year 2014 to celebrate the New Year Eve; we thank for the whole year 2014 in Villa Vallila.

### **People in Villa Vallila**

# Inhabitants of the community house (recipients of the protected housing service)

Those are people with a mild form of mental impairment, who cannot live on their own because of their adaptability problems, live in the long term in the community house and in nearby efficiency apartments. Some of them have a domicile there. They can live common lives like others with a targeted support. Each of them is involved into a work program within the social therapeutic workshop or therapeutic working programs (care for animals in the farm, work in the vegetable garden or in the greenhouse, maintenance of the surrounding of the house and the garden, work with wood). Some have standard employment. All of them participate according to their abilities and will on household operation. They are led to build up working habits, and good daily regime. Attention is paid to meaningful spending their spare time.

#### Community

Provision of the protected housing supports creation of a community of inhabitants and their assistants. The community members experience their common troubles and joys, learn mutual help, respect, patience, solving problems and adequate responses. They discover together important life values and individual gifts and learn mutual respect and honor. Most of them have to get over basic adversities still, as their mental and physical injuries are deep and make difficult to live contentedly and joyfully. Regular community sessions, individual talks or consultations with a psychologist are a part of the community life as well as community weekends. Everyone is supported to tell others his or her opinions, learns to listen to others and to seek solutions for the common or personal problems. All together learn o seek and use their own abilities, appreciate each other, and believe in their own value.

Number of inhabitants – 9 (total capacity 10)

#### **Recipients of the respite services**

Those are mostly young people often with a serious health handicap (after car accidents, injuries and during long-term diseases). They come to the Villa mainly for

relaxation or recondition programs. They have a possibility to join the life of the community, involve themselves into the regular activities and therapeutic programs. They bring to the community their own life stories and the inhabitants of the Villa can share their destiny. Usually, bonds are made during this time and besides common activities, their stay might be very enriching. Many of them return to the Villa within respite service program.

Number of recipients of the respite services: 35 (there are 3 permanent places for respite service; however, many of them come for respite service repeatedly several times a year).

#### Assistants (employees in social services)

They work year-round in the Villa. The assistants accompany the clients during their everyday activities, support their working abilities, and serve as an example in the lifestyle and social behavior. They support clients in their healthcare, hygiene, care for their living place, help them to keep the household and to cook. They also help to arrange their civic affairs. The assistants are in daily contact with clients, guide them in healthy regime, motivate them to reasonable spending of their time and support them in their problems and decision making. They are strongly involved in the community life – they take part in various festivities and events also above the frame of their working hours and working duties.

#### **Regular meetings**

Community sessions of the clients and assistants, once in a week

Team consultation of the Villa's employees, once in a month

#### Advisory board of the association – audit committee

Members of the advisory board and of the audit committee participate on association guidance by analyzing the activities and management. Their help in decision making and steering of the association activities, support development programs for social services, participate on presentation events (concerts, festivities), help with web pages, PR and fundraising

Board and committee meetings are organized regularly in the office in Prague monthly or bimonthly.

All members of the advisory board and of the audit committee work for the association as volunteers.



| Basic data of the civic association  |  |  |  |
|--|--|--|--|
| Address of the association:  | Praha 3, Přemyslovská 23, 130 00               |  |  |
| Identification No.:  | 67778399                                       |  |  |
| Phone:   | +420 724 219 334, +420 604 352 686             |  |  |
| e-mail:  | villa@vallila.cz                               |  |  |
| Number and date of registration in Ministry of Interior of the Czech Republic: |  |  |  |
|  | II/S (1.3087/96R, 16.10.D1996)                 |  |  |
| web:   | www.vallila.cz                                 |  |  |
| Bank:  | KB Praha 2 – Náměstí Míru                      |  |  |
| Bank account:  | 27-3563450287/0100                             |  |  |
|  |  |  |  |
| Community house:   | Villa Vallila Červený Újezd u Votic 32, 257 88 |  |  |
| House leader:  | Renata Kocourková                              |  |  |
| Phone:   | +420 317 802 106                               |  |  |
|  |  |  |  |
| Body of the civic association:   |  |  |  |
| Chairwoman:  | Mgr. Eva Klípová                               |  |  |

| Secretary:       | Ing. Miroslav Klípa  |
|------------------|--|
| Advisory board:  | Ing. Martin Prokop, Ing. Miroslav Klípa,                                     |
|                  | Mgr. Vít Herynek, Ph.D.  |
| Audit committee: | Mgr. Václava Bratinková, Mgr. Martina Herynková,<br>Ing. Jindřiška Prokopová |

### **FUNDING**

Social service provision, activities, operation of the community house, facade repair are funded by:

#### Institutions:

Ministry of Labour and Social Affairs, Central Bohemia Region, Labour Office Benešov, Labour Office Tábor, Municipality Červený Újezd

#### **Organizations and companies:**

Nadační fond AVAST, IMMUNIA spol s.r.o., Oční ordinace Kladno, ED systém, Raiffeisen Bank, Arcidiecézní charita Praha

#### Individual donators:

Barabáš A., Benda F., Bezděk V., Blažková D., Bobela V., Böhmová J., Burešová B., Čížková B., Dvořáková H., Herynek V., Holčák J., Jirák D., Kasík H., Kovařovic D., Křenek M., Kuvert J., Lachman J., Michal J., Mlčkovská K., Moravcová Z., Müllerová H., Niklová H., Nikodém P., Prokop M., Prokopová J., Rabiňáková D., Růžek J., Stočesová I., Šoural M., Švejdová J., Tintěra J., Valach J., Vodičková K., Zajíc T., Žůrek J., Žůrková E.

Company voluntary days: ČSOB, T-Mobil, gymnázium "English College"

#### **Permanent volunteers:**

Dagmar Bartáková, Lucie Houmaniová, Jiřina Krčková, Stanislav Mareš, Štěpánka Míchalová, Tereza Nováková, Markéta Štromerová, Jitka Zimová

We thank to all donators and supporters for their financial and moral support, to volunteers for their unselfish help.

## We deeply appreciate each donation, any help represents for us encouragement.

We would like to let all our donators and voluteers know, that they support real weak, often forgetten people in need, who can thanks to this support live their lives in respectable conditions, learn and enjoy it, and believe that also their lives have sense.

Thank to you.

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## Final Balance 2014

| Incomes                           | Incomes (thousands<br>CZK) | Total (thousands CZK) |
|-----------------------------------|----------------------------|-----------------------|
| Payments for the stays inc. meals | 996                        | 996                   |
| Foundation support                | 50                         | 50                    |
| Sponsor Gifts                     | 513                        | 513                   |
| Subvention                        | 1055                       | 1055                  |
| Total Incomes                     | 2614                       | 2614                  |

| Expenses                                  | Expenses (thousands<br>CZK) | Total (thousands CZK) |
|---|-----------------------------|-----------------------|
| Material                                  | 528                         |                       |
| tangible property – house equipment       | 34                          |                       |
| Total                                     |                             | 562                   |
| Energy                                    | 130                         |                       |
| Total                                     |                             | 130                   |
| Repairs and Maintenance                   | 542                         |                       |
| Total                                     |                             | 542                   |
| Phone + Internet                          | 26                          |                       |
| Accountant Services                       | 38                          |                       |
| Other Services                            | 113                         |                       |
| Insurance                                 | 20                          |                       |
| Total                                     |                             | 197                   |
| Labour Costs                              | 945                         |                       |
| Payroll Tax                               | 295                         |                       |
| Total                                     |                             | 1240                  |
| Taxes and Charges                         | 2                           |                       |
| Bank Charges                              | 4                           |                       |
| Total                                     |                             | 6                     |
| Depreciation of the material and property | 46                          |                       |
| Total                                     |                             | 46                    |
| Total Expenses                            | 2723                        | 2723                  |