

# 2015 Annual Report of Villa Vallila



## Introduction

This annual report represents a summary of another year in the life of Villa Vallila.

We focused on strengthening of the community of inhabitants and assistants in the year 2015; two new inhabitants and one assistant joined the community. We visited several L'Arche communities abroad, some of us spent longer time in communities in Ireland and Poland, we met an international envoy of L'Arche twice and we met friends from other communities several times. We have established National Team for L'Arche (NaTA), which coordinates contacts between the communities and participants abroad. We have broadened work programs in our social therapeutic workshop. We also worked on legal change of the organization according to the new Civic Code and have become a „registered institution“. So we are „Villa Vallila, Registered Institution“ since October 2015.

MSc. Eva Klířová – director

## Mission

- **enable to people with a health handicap live a full life in common conditions of a human community and to run a community house in Červený Újezd near Votice for this purpose**
- **provide support to inhabitants of Villa Vallila for their integration into the common life in working and social areas**

Target group: young people with a health and social handicap

## Provided social services

**Sheltered housing** (registration number: 9467457) – a service provided in the community house Villa Vallila in a form of commune living in the community house or as an independent living in two sheltered apartments.

The service of the sheltered housing **was supported by a subvention from the national budget this year**; allocated subvention covered approximately ½ of the total expenses.

**Respite services** (registration number: 9428197) – a service provided to families who care for their relatives with a health handicap. The recipients take advantage of short stays in the community house Villa Vallila.

Respite services **were not financially supported by the national budget for several years in a row**; it is supported by sponsorship only.

**Social therapeutic workshop** (registration number: 3254611) – the service is provided to young people with a health handicap, who need support and work training in a form of targeted working therapeutic programs.

## Events in Villa Vallila in 2015

### **JANUARY**

Volunteers from ČSOB came to help us

Three-King Fund-Raising Campaign

Somebody stole the stove from our sauna

Community weekend

Respite stays

Volunteers' help

Assistant Tomáš went to L'Arche community in Belfast for three weeks

### **FEBRUARY**

The house leader spent one week in L'Arche community in Wroclaw

Masquerade

Remedial stay in Dobrá Voda in the Šumava mountains

Community weekend

Respite stays

### **MARCH**

Two lambs were born; we also have 13 hens

Community weekend

Presentation of the therapeutic workshop – Market of Rolnička in Soběslav

Trial and respite stays

### **APRIL**

Presentation and selling products from the workshop in Mladá Vožice

We celebrate Eastern, Helenka has been baptized

Redecorating of the kitchen – a scaffold was built, the floor was sanded; it took whole week

Our community leader Eva went for a visit to a community in Szlędzieowicze near Krakow – to learn the duties of a community leader

Visits from other communities and of volunteers

Community weekend

Building of a stable for a horse started

Excursion to the Czech Radio Broadcasting Organization

Trial stays

## **MAY**

A volunteer from a community of L'Arche community in Ireland came to Villa for three weeks

Petra Vallila, a daughter of the last owner of the Villa came to visit us from the USA

Visit of a community Benediktus

Excursion of assistants in a house in Horní Maxov + team building

Trial and respite stays

## **JUNE**

We participate on a festival Popenec - Odlochovice

A new inhabitant Michal joined protected living service

Stay in Buková in Novohradské mountains

Pepa received confirmation

Respite stays

## **JULY**

Organization Ramus spent a week in Villa

We went to a festival in Vlčkovice

We visited an association Ledovec in Plzeň

One-week stay of an association Apla from South Bohemia

Martin Mareda quited his job in Villa

Respite stays

## **AUGUST**

Garden party

Respite stays

## **SEPTEMBER**

Assistant Lucie Houmaniová was employed

Students from English College volunteered in Villa

Visit of representatives from L'Arche International – meeting with the advisory board

Volunteers from ČEZ

Marriage of Martin Mareda

Trial and respite stays

## **OCTOBER**

Course of felting

Visit in a Theatre of Vít Marčík in Tábor

A volunteer organization Tamjdem came to help for one weekend

Fish harvest in Odlochovice

Visit in Benediktus in Modletín

Volunteering of ČSOB employees

Benefice in Sudoměřice

Students from English College volunteered in Villa

## **NOVEMBER**

Cleanup of the village square

Selling of the products from the workshop in Hračkobraní

Students from English College volunteered in Villa

Piano concert in Miličín

KB representatives handed over a financial gift dedicated for building of a wheelchair-accessible bathroom

Manufacturing of advent wreaths

Supervision for the employees

Selling of our products in Borotín

Helena terminated her stay in Villa

## **DECEMBER**

Fund-raising concert in the monastery of Capuchines in Prague

Presentation and selling of the products in Soběslav, Jabok, Borotín

Advent concert in Villa

Christmas Eve feast

Josef terminated his stay in Villa

## **People in Villa Vallila**

### **Inhabitants of the community house (recipients of the sheltered housing service)**

Those are people with a mild form of mental impairment, who cannot live on their own because of their adaptability problems. We offer them a sheltered housing service in the community house and in nearby efficiency apartments. They can live common lives like others with a targeted support. Each of them is involved into a work program within the social therapeutic workshop or therapeutic working programs (care for animals in the farm, work in the vegetable garden or in the greenhouse, maintenance of the surroundings of the house and the garden, work with wood). Some of them have succeeded to find a standard employment in the open employment market and have a permanent job. All of them participate according to their abilities and will on household operation. They are led to build up working habits, good daily regime, and healthy lifestyle. Attention is paid to meaningful spending their spare time.

Number of inhabitants – 10 (total capacity 10)

### **Community**

Provision of the sheltered housing supports creation of a community of inhabitants and their assistants. The community members experience their common troubles and joys, learn mutual help, respect, patience, solving problems and adequate responses. They discover together important life values and individual gifts and learn mutual respect and honor. Most of them have to get over basic adversities still, as their mental and physical injuries are deep and make difficult to live contentedly and joyfully. Regular community sessions, individual talks, assistance days or community weekends are integral part of the community life. Everyone is supported to tell others his or her opinions, learns to listen to others and to seek solutions for the common or personal problems. All together learn to seek and use their own abilities, appreciate each other, and believe in their own value.

### **Recipients of the respite services**

Those are mostly young people often with a serious health handicap (after car accidents, injuries and during long-term diseases). They come to the Villa mainly for relaxation or recondition programs. They have a possibility to join the life of the community, involve themselves into the regular activities and therapeutic programs. They bring to the community their own life stories and the inhabitants of the Villa can share their destiny. Usually, bonds are made during this time and besides common activities, their stay might be very enriching. Many of them often return to the Villa within the respite service program.

Number of recipients of the respite services: 19 (there are 3 permanent places for respite service; however, many of them come for respite service repeatedly several times a year).

### **Assistants (employees in social services)**

They work year-round in the Villa. The assistants accompany the clients during their everyday activities, support their working abilities, and serve as an example in the lifestyle

and social behavior. They support clients in keeping the household and to be economical with their money. They also help to arrange their civic affairs. The assistants are in daily contact with clients, guide them in healthy regime, motivate them to reasonable spending of their time and support them in their problems and decision making. They are strongly involved in the community life – they take part in various festivities and events also above the frame of their working hours and working duties.

5 full-time equivalents

### **Advisory board**

Members of the advisory board meet bi-monthly in an office in Prague. They participate on institution guidance by analyzing the activities and management. They are a support in decision making and steering of the institution activities, support development programs for social services, participate on presentation events (concerts, festivities), and help with web pages, PR and fund-raising.



## **Institution basic data – legal changes**

According to the new Civic Code, the Civic Association Villa Vallila was transformed into a Society Villa Vallila since January 2014.

In October 2015, the organization was registered at the City Court as a “Villa Vallila, Registered Institution”.

According to the new Civic Code, the main document of the institution is a “Founding Articles” (see the notary record).

### **Founders of Villa Vallila, Registered Institution:**

Dipl. Eng Miroslav Klípa

Dip. Eng Pavel Bratinka

PhDr Jan Klípa, Ph.D.

MSc. Šimon Hradilek

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Bank account: KB Praha 2 – Náměstí Míru, č. ú.: 27-3563450287/0100

**Community house** Villa Vallila Červený Újezd u Votic 32, 257 88

House leader: Renata Kocourková

### **Body of the Institution:**

Director: MSc. Eva Klípová

Advisory board: MSc. Vít Herynek, Ph.D. (chairman)

MSc. Václava Bratinková, MSc. Martina Herynková,

Dipl. Eng. Jindřiška Prokopová, Dipl. Eng. Martin Prokop,

Denisa Blažková, MD,

Inspector: MSc. Jitka Zimová



## **Funding**

Social service provision, activities, operation of the community house, and other necessary expenses are funded by:

### **Institutions:**

Ministry of Labour and Social Affairs, Central Bohemia Region, Labour Office Benešov, Labour Office Tábor, Municipality Červený Újezd

### **Organizations and companies:**

Arcidiecézní charita Praha, Eurooffice, IMMUNIA spol s.r.o., Nadace KB , Nadace Jistota KB, Nadační fond AVAST, Oční ordinace Kladno, Raiffeisen Bank, Řízení letového provozu

### **Individual donors:**

Blažková D., Bohuslav J., Bratinka P., Čížková B., Douša J., Dvořáková H., Herynek V., Holčák J., Houdková K., Jiráček D., Hrdinová D., Klípa O., Kovařovic D., Lachman J., Michal J., Mičkovská K., Moravcová Z., Müllerová H., Prokop M., Prokopová J., Růžek J., Stočesová I., Šeferna V., Švejdová J., Žůrek J.

### **Company voluntary days:**

ČSOB, ČEZ, T-Mobil, English College

### **Permanent volunteers:**

Dagmar Bartáková, Jiřina Krčková, Tamara Nerudová, Stanislav Mareš, Štěpánka Míchalová, Tereza Nováková, Markéta Štormerová, Jitka Zimová

**We thank to all donors and supporters for their financial and moral support,  
to volunteers for their unselfish help.**

**We deeply appreciate each donation, any help represents for us encouragement.**

**We would like to let all our donors and volunteers know, that they support real weak,  
often forgotten people in need, who can - thanks to this support - live their lives in  
respectable conditions, learn and enjoy it, and believe that also their lives have sense.**

**Thank to you.**

## Final Balance 2015

### Expenses (thousands CZK)

Material inc. Food	
Tangible Property – House Equipment	61
<b>Total</b>	<b>595</b>
Energy	142
<b>Total</b>	<b>142</b>
Repairs and Maintenance	172
<b>Total</b>	<b>172</b>
Phone + Internet	22
Accountant Services	64
Other Services	83
Insurance	25
<b>Total</b>	<b>194</b>
Labor Costs	1153
Payroll Tax	369
<b>Total</b>	<b>1522</b>
Taxes and Charges	3
Bank Charges	4
<b>Total</b>	<b>7</b>
Depreciation of the Material and Property	49
<b>Total</b>	<b>49</b>
<b>Total Expenses</b>	<b>2681</b>

### Incomes (thousands CZK)

Payments for the Stays inc. Meals	950
Foundation Support	100
Sponsor Gifts	571
Subvention	1085
<b>Total Incomes</b>	<b>2706</b>

## **A short report in a form of an interview for Votické noviny**

***Can you remind us why the association was founded and its successes during almost twenty years of its existence?***

Civic Association Villa Vallila was founded in 1996 with an aim to buy a run-down house in Červený Újezd near Votice, repair it, and create there a home for young people with healthy handicaps. We succeeded to repair the beautiful villa in Art Nouveau style, put the surrounding garden into order and create a space for community living in the house. So the old, abandoned villa started to live a new life and has become a home for young people without their own home or with various health problems.

We provide social services in Villa Vallila since the beginning. The first social service was sheltered living, which we offered as an alternative to institutional care or to a life in a non-functional family. We help people with handicaps to develop and use their natural possibilities and abilities and to get involved into a common life as much as possible within this social service.

***You will celebrate 15 years of the community house next year. Who is a recipient of the service, how many people have already been in the house? And what do these people do in Villa?***

In the community house lives 10 people now. The service of sheltered living is an offer to solve their difficult life situation. Altogether about 30 people with various problems and needs have used the house. Some of them left after some time, strengthened in their abilities and skills, and they are trying to live independently, if possible. The current community in Villa is formed by people with health handicaps – inhabitants of Villa Vallila, their assistants, and volunteers.

Common day is divided between work and rest. Some of the inhabitants work in standard employments; others are involved in working programs or work in the social therapeutic workshop. Free time is filled by rest and leisure activities. All the inhabitants get together during the common dinner in the evening. They share their experiences and plan other common days. Villa has become a real home for some of them – a place where they belong, find friends, experience acceptance and recognition, and where they can share their joys and sorrows.

***The association works on principles of L'Arche. Can you explain these principles? Is it possible to apply them in practice?***

We were influenced by the ideas of L'Arche from the very beginning, when we were founding the association. We are interested by the way of life and by ideas of people, who live differently; both people with or without a handicap. Their approach to people with handicaps, what one can find in them, if one looks carefully, inspires us. We have visited several communities abroad (Ireland, England, France, Italy, Poland, Slovenia, Ukraine).

The movement L'Arche is a federation of communities where people with handicaps live with people who work and want to live with them. Communities based on mutual relations of people with handicaps and their assistants can be found in "family" houses, workshops, schools and day care centers. L'Arche was founded by Jean Vanier in 1964. The communities of L'Arche are spread in 33 countries around the world today. The mission of

the communities is to accompany their members in personal, spiritual and professional development. The communities of L'Arche try to represent a sign of hope, solidarity, faith, and peace in present-day world.

There is no community of L'Arche in the Czech Republic yet, although several communities and organizations are inspired by this movement. Our long-term vision is to work according to the ideas of L'Arche and join the world movement. We are convinced that everyone can find his or her uniqueness through the relations in a community and thus fully live his life.

***What are the funds of the civic association? How do you succeed to find money for operation of the community house?***

Villa Vallila survives and thrives thanks to the effort and courage of all employees and volunteers, who participate on its operation. The funds needed for its operation come from subventions from the national budget allocated by Central Bohemia Region. There are payments from the inhabitants (clients), who pay for accommodation and meals, and last but not least kind-hearted donors contribute by financial gifts. They substantially support our activities. We also ask foundations and company donors for contributions for particular projects. Thanks to support of two foundations we succeeded to build a stable for a horse and furnish a social-therapeutic workshop this year...

***Villa Vallila is also an interesting architectonic object. Its look has improved during passing years. Is there still anything to repair? What else needs to be repaired or reconstructed?***

Villa is a unique building with precious original reliefs made by sculptor František Bílek. It is amazing that it was possible to save the house and that it can serve now and be a showpiece of the village and of the countryside. Villa was repaired in three stages: The first stage commenced just after purchasing of the building, which was in really bad shape; the roof was repaired, inner installations were done, also restrooms, bathrooms and living rooms were reconstructed. During the second stage the attic was built, other rooms and bathrooms were rebuilt too. During the third stage the outer facade of the house was repaired. It took two years. This extensive work was finished in summer 2014. We do not plan any further extensive reconstruction now, but we plan to rebuild bathrooms and restrooms in the ground floor to be wheel-chair accessible next year.

***Villa Vallila is a provider of social services. Which services do you currently provide?***

We provide three social services: sheltered housing, respite service, and social-therapeutic workshop. There is a big demand for all the three services and their capacity is full now. However, we receive a subvention from the government for sheltered housing only; the rest are not registered by the regional government...

Further we organize enlightenment, culture and recreation events: fund-raising concerts, advent concert, garden parties, recreation stays. Some of these activities are also part of work of the social-therapeutic workshop.

***Work of the assistant is not easy for sure. What does it include? Do you have sufficient number of assistants and/or volunteers?***

Work of our assistants is diverse, creative, and first of all meaningful. The assistant – a social worker – is in fact a guide, who accompanies and supports young people living in Villa to manage their everyday activities, helps them if necessary in various particular goals, and supports them to live healthy. The assistant creates and offer a meaningful daily program and helps the inhabitants to organize their time and work within the daily regime.

The assistant supervises development of personal, working and moral abilities of the inhabitants and strengthens their skills. Each inhabitant has one key assistant with whom he or she plans the daily schedule, shares his or her experiences, solves problems, and can ask him or her for help in troubles. The assistant becomes his or her friend and advisor.

We still seek volunteers – those are people who can be effective helpers in all provided services and there is never enough of them.

***Are the inhabitants capable to gain work in the open market?***

Some of the inhabitants have good working skills and habits and we try to find them employment in common working environment. Two young men work as regular employees already several years. One is employed in Benešov Hospital, the other in an upholstery workshop Aksamite in Lederovice. On man helps in a joinery workshop, one woman helps with cleaning in several households, another one arranged cleaning job in Agentura Rytmus, which also provides work training. Others train their working habits and skills during activities in the house and around it; it means mainly work in the farm, in the woods, cooking, household keeping. If they are not employed outside Villa, they work regularly in the social-therapeutic workshop. The work there is very diverse – from handmade works to furniture repairs.

